

# SHAC Meeting #1

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October 10th, 2023

# Agenda

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- Welcoming & Opening Remarks
  - Review of June Meeting Minutes
  - Bylaws
  - SHAC Sub-Committees Goals/Duties
  - Senate Bill 9
  - Closing





# Remember Our Purpose:

The purpose of the SHAC is to:

Ensure that the school district's school health programs reflect our local community values.



# Group Commitments:

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- Remain Solution Driven
- Take Care of Your Needs
- Listen to Others



# Review & Approve June Meeting Minutes

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[June 15th, 2023 SHAC Meeting Minutes](#)

[June 15th, 2023 SHAC Meeting Minutes \(Spanish\)](#)



# School Health Advisory Council A Guide for Texas School District

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Guide for School District Personnel & Community Members

# Bylaws

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[BISD SHAC Bylaws Template](#)  
[BISD SHAC Bylaws Template](#)  
[\(Spanish\)](#)

# SHAC Sub-Committees

- The local school health advisory council's duties include **recommending:**
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- ★ **Parental Involvement**

- Strategies/ideas for gaining parental involvement and support for our students

- ★ **Physical Education**

- The number of hours of instruction to be provided in K-8 health education
- Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes

- ★ **Adult Well-Being**

- Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to address school employee wellness

- ★ **Substance & Alcohol Abuse**

- Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns regarding instruction on substance abuse prevention



# Parental Involvement

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- Sub-Committee Members:
  - Margarita Igoe
  - Miriam Salas Ruiz
  - Xiomara Gomez
  - Tanya Coleman
- Goals:
  - What is our desired outcome?
  - How will we get there?
  - Where do we want to start next year?



# Parental Involvement

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- Brainstorming:
  - Increased parental involvement, presence and support
  - Include Spanish speaking population in school activities
- Duties to complete by next meeting:
  - TBD by subcommittee





# Physical Education

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- Sub-Committee Members:
  - Rebecca Hamilton
  - Barton Ives
  - Lauri Anzaldua
  - Tanya Griesenbeck
- Goals:
  - What is our desired outcome?
  - How will we get there?
  - Where do we want to start?



# Physical Education

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- Brainstorming:
  - Provide more fun, enjoyable and engaging activities for students
  - May provide a variety of activities such as olympic games and/or open gym
- Duties to complete by next meeting:
  - TBD by subcommittee





# Adult Well-Being

- Sub-Committee Members:
  - Dana Thornton
  - Celeste Riley
  - Sarah Davis
  - Melody Rainwater
- Goals:
  - What is our desired outcome?
  - How will we get there?
  - Where do we want to start?



# Adult Well-Being

- Brainstorming:
  - Vaccination clinic for staff
  - Provide salad bar option for staff
  - Modify dress code for staff for comfort
- Duties to complete by next meeting:
  - TBD by subcommittee





# Substance and Alcohol Abuse:

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- Sub-Committee Members:
  - Billy Sherman
  - Leanne Baily
  - Garland Griedl
- Goals:
  - What is our desired outcome?
  - How will we get there?
  - Where do we want to start?



# Substance and Alcohol Abuse:

- Brainstorming:
  - Bring substance awareness and prevention to campuses
  - Recommend a comprehensive health education curriculum that includes substance abuse prevention that's accessible on campus
- Duties to complete by next meeting:
  - TBD by subcommittee





# Breakout Sessions:



# Senate Bill 9 & House Bill 1525

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- [Senate 9](#)
- [TASB - SHAC & Sex. Ed.](#)
- [House Bill 1525](#)
- [Second Step - Child Protection Unit](#)
- [PLAYGROUND trailer](#)
- [Nest Programming Video](#)
- [Living WELL Aware Adolescent Wellness Program](#)
- [Why schools are choosing Living WELL Aware](#)



Thank You!

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Thank you for joining us today and  
thank you for your time and dedication  
to BISD!

# Mission & Vision Statements

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## Mission (The what and the why)

*The mission of the BISD SHAC is to enable students to learn in a healthy and safe educational environment that focuses on the whole child while fostering a growth mindset.*

## Vision (The dream)

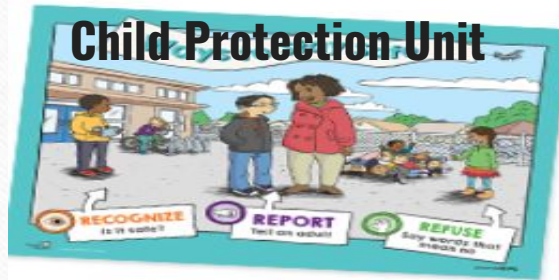
1. To promote a healthy school community where students are safe and supportive.
2. Provide a safe and supportive space for academic and social emotional growth.
3. The BISD SHAC will help children and youth reach a healthy, safe and happy lifestyle by being student-centered and solution driven.



# Senate Bill 9 requires students to be exposed to instruction pertaining to child abuse, family violence, dating violence, etc.



- Age appropriate education
- Video format
- Multiple classes can be taught a day



- Research Based
- Includes Family Materials
- Already Have (PK-5th)
- Teaches Students To Recognize, Respond To, & Report Abuse
- Provides A Multi-Layered Approach



- Strengths-Based
- Youth-Centered
- Trauma-Informed
- Equips students with skills
- Provides holistic education

# Data Dig



- Age appropriate education
- Video format
- Multiple classes can be taught a day



- Trauma informed collaboration
- Mitigates negative effects of trauma on children/teens



- Lead Online Courses
- DARE
- What Else?



- Digital Citizenship Lessons
- Attorney General's Office